

## Are you Interested in School Wellness?

Chamberlain's Children Center invites parents and members of the community to meetings about the school wellness policy. Having healthy choices at school helps keep our children healthy and ready to learn. The school wellness policy helps our school create an action plan for nutrition and physical activity at school. Parents can share their opinions and help make sure the policy is meeting the needs of our students. Chamberlain's Children Center's wellness policy is available at: www.chamberlaincc.org

You are also welcome to email comments about the wellness policy or nutrition and physical activity to Patrick Ellis, Executive Director at info@chamberlaincc.org or 831-636-2121.

We hope you will join us!

This institution is an equal opportunity provider.